

Community of Practice: Sexual Health

Sexual health is one of the most requested topics for those who are newly injured or diagnosed and/or are in the process of navigating life with paralysis. Sexual health may look different post-paralysis, but it is still important to talk about and practice. Whether you're a person living with paralysis, or you have a partner with paralysis, we got you covered! Please feel free to share the list of resources below with any peer interested in learning more about sexual health.

General Resources

[Sexuality & Reproductive Health After Paralysis](#)

[Sexuality after SCI](#)

[Triumph Foundation: Sexuality and Sexual Functioning](#)

[Sexuality & Sexual Functioning After SCI](#)

[Spinal Cord Injury Sexual Health Website](#)

[Sex and Spinal Cord Injury](#)

Sexual Violence Awareness

[RAINN: Sexual Abuse of People with Disabilities](#)

[CDC: Sexual Violence and Intimate Partner Violence Among People with Disabilities](#)

For Women

[Sexual Health for Women](#)

[Craig Hospital: Sexual Function for Women After Spinal Cord Injury](#)

[Center for Research on Women with Disabilities](#)

[Spina Bifida Association: Health Care for Women](#)

[Women's Sexual Health Video](#)

For Men

[Sexual Health for Men](#)

[Craig Hospital: Sexual Function for Men After Spinal Cord Injury](#)

[Spina Bifida Association: Men's Health](#)

[Men's Sexual Health Video Series](#)